

**FOSTERING CULTURALLY SAFE,  
EQUITABLE CARE FOR INDIGENOUS  
PATIENTS AND FAMILIES  
RESOURCE LIST FOR HEALTH PROFESSIONALS**

## About this Document

This resource list is intended for pediatric oncology healthcare professionals of all disciplines who wish to expand their understanding of the rich and varied experiences of First Nations, Inuit, Métis and Urban Indigenous patients and families. It is not intended to be an exhaustive list, but rather a starting place for one's own learning and discovery.

Are you aware of a resource that you would like to see added to this list? Please contact [kefremov@pogo.ca](mailto:kefremov@pogo.ca) with your suggestions.

## How to Use this Document

Healthcare professionals are encouraged to use this document to discover learning resources to support the care of Indigenous patients facing a cancer diagnosis.

## Not sure where to begin?



Items marked with the footprint icon are those on POGO's suggested "Start here" reading list.

©Pediatric Oncology Group of Ontario, 2022

[www.pogo.ca](http://www.pogo.ca)

[info@pogo.ca](mailto:info@pogo.ca)

Charitable registration number: 871067245RR0001



# Acknowledgements

This document was developed by members of the POGO Indigenous Children with Cancer Initiative. These members' expertise and commitment to improving care for Indigenous patients who are diagnosed with cancer was integral to the creation of this resource.

Members of the group include:

- Dr. Mark Greenberg (Co-chair), Senior Clinical Lead, Strategic Initiatives, POGO
- Ms. Deneen Hill (Co-chair), Parent Representative, Haudenosaunee Confederacy, Mohawk Nation
- Ms. Debbie Beaucage, Elder/Indigenous Representative, Nipissing First Nation
- Mr. Leonard Benoit, Indigenous Navigator, Ontario Health (Cancer Care Ontario)
- Ms. Kirsten Efremov, Program Assistant to Survivorship, Psychosocial and Strategic Initiatives, POGO
- Hon. Stephen Goudge, Counsel, Paliare Roland Rosenberg Rothstein LLP
- Ms. Clara Jordan, Manager, Outreach and Education, POGO
- Ms. Jennifer Keis, Nurse Practitioner, Leukemia and Lymphoma, The Hospital for Sick Children
- Ms. Alethea Kewayosh, Director, Indigenous Cancer Control Unit (ICCU), Ontario Health (Cancer Care Ontario)
- Ms. Wendy Lariviere, Parent Representative, Nipissing First Nation
- Dr. Stacey Marjerrison, Pediatric Hematologist/Oncologist, Medical Director, AfterCare Program, McMaster Children's Hospital, Hamilton Health Sciences
- Dr. Serina Patel, Pediatric Hematologist/Oncologist, Children's Hospital, London Health Sciences Centre
- Ms. Nadia Pousseau, Partnership Liaison Officer, Indigenous Cancer Care Unit, Clinical Institutes & Quality Programs, Ontario Health (Cancer Care Ontario)
- Ms. Midge Rouse, Director, Ininew Patient Care Services, Kingston Health Sciences Centre
- Ms. Vicky Wilton, POGO Interlink Nurse, Health Sciences North/Horizon Santé-Nord


## About POGO

Pediatric Oncology Group of Ontario (POGO) works to ensure that everyone affected by childhood cancer has access to the best care and support. We partner to achieve an excellent childhood cancer care system for children, youth, their families, survivors and healthcare teams in Ontario and beyond. POGO champions childhood cancer care, and as the collective voice of this community, is the official advisor to Ontario's Ministry of Health on children's cancer control and treatment. POGO is a non-profit organization with charitable status, here for kids with cancer, for now, for life.

# Table of Contents

**Table of Contents** .....4

**Foundational Resources**.....5

 **TRUTH AND RECONCILIATION COMMISSION OF CANADA: CALLS TO ACTION** ..... 5

 **THE UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES (UNDRIP)** ..... 5

 **JORDAN’S PRINCIPLE**..... 5

**Government of Canada Resources** .....6


 **THE INDIGENOUS LEARNING SERIES** .....6

**RELATIONSHIP WITH INDIGENOUS COMMUNITIES GUIDELINE, 2018**.....6

**HEALTH SERVICES FOR FIRST NATIONS AND INUIT** .....6

**Resources from Professional Colleges and Associations** .....7

 **ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA, INDIGENOUS HEALTH RESOURCES** .....7

 **COLLEGE OF PHYSICIAN AND SURGEONS OF ONTARIO (CPSO)**.....8

 **CANADIAN NURSING ASSOCIATION (CNA)**.....8


 **REGISTERED NURSES ASSOCIATION OF ONTARIO** .....8

**CANADIAN SOCIETY OF MEDICAL LABORATORY SCIENCES** .9


**CANADIAN PHYSIOTHERAPY ASSOCIATION** .....9


**ONTARIO COLLEGE OF PHARMACISTS** .....9

**INSTITUTE FOR CLINICAL AND EVALUATIVE SCIENCES (IC/ES)**.....9

 **CANADIAN PAEDIATRIC SOCIETY (CPS) – INDIGENOUS CHILD AND YOUTH HEALTH**.....10

**Cancer-Related Resources** .....11

 **CANCER CARE ONTARIO – INDIGENOUS RELATIONSHIP AND CULTURAL SAFETY COURSES (OFFERED ONLINE)**.....11

 **ONTARIO HEALTH (CANCER CARE ONTARIO) – FIRST NATIONS, INUIT, MÉTIS AND URBAN INDIGENOUS CANCER STRATEGY 2019-2023**.....11

**CANADIAN PARTNERSHIP AGAINST CANCER (CPAC) – CURRENT WORK WITH FIRST NATIONS, INUIT AND MÉTIS** .....11

**CREATING A CANADIAN INDIGENOUS RESEARCH NETWORK AGAINST CANCER TO ADDRESS INDIGENOUS CANCER DISPARITIES** ..... 12

 **INFERIOR SURVIVAL AMONG ABORIGINAL CHILDREN WITH CANCER IN ONTARIO** ..... 12

**‘A WORLD OF COMPETING SORROWS’: A MIXED METHODS ANALYSIS OF MEDIA REPORT OF CHILDREN WITH CANCER ABANDONING CONVENTIONAL TREATMENT** ..... 12


**TUNGASUVVINGAT INUIT TAKING STEPS TOGETHER TOOLKITS**..... 12

**IMPROVING INDIGENOUS CANCER JOURNEYS IN BC: A ROAD MAP** ..... 13

**General Indigenous Healthcare-Related Resources**.....13

**PROJECT ECHO – FIRST NATIONS, INUIT, AND MÉTIS WELLNESS**..... 13

**CANADIAN INDIGENOUS NURSES ASSOCIATION** ..... 13

 **McMASTER UNIVERSITY - INDIGENOUS CHILD HEALTH: UNDERSTANDING THE CONTEXT OF INEQUITY**..... 14

**CANADIAN VIRTUAL HOSPICE – LIVINGMYCULTURE.CA** .14

**CANADIAN PATIENT SAFETY INSTITUTE – INDIGENOUS PERSPECTIVES ON PATIENT SAFETY** ..... 14

**BIIGIIWEYAN (“COMING HOME”): SOCIAL WORK AND HEALTHCARE WITH INDIGENOUS PEOPLES FROM COMPETENCY TO SAFETY** ..... 15

**McMASTER UNIVERSITY INDIGENOUS HEALTH INITIATIVE RESOURCE LIST** ..... 15

**Cultural/Historical Resources** .....16

 **UNIVERSITY OF ALBERTA – INDIGENOUS CANADA COURSE** ..... 16

 **INDIGENOUS CULTURAL SAFETY COLLABORATIVE LEARNING SERIES**..... 16

 **NATIONAL COLLABORATING CENTRE FOR INDIGENOUS HEALTH** ..... 17

# Foundational Resources

## TRUTH AND RECONCILIATION COMMISSION OF CANADA: CALLS TO ACTION

About



In order to redress the legacy of residential schools and advance the process of Canadian reconciliation, the Truth and Reconciliation Commission makes a series of calls to action. Calls to Action for Health include items 18 to 24.

Link

[https://web.archive.org/web/20200506065356/http://trc.ca/assets/pdf/Calls\\_to\\_Action\\_English2.pdf](https://web.archive.org/web/20200506065356/http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf)

## THE UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES (UNDRIP)

About



The Declaration is the most comprehensive international instrument on the rights of Indigenous Peoples. It establishes a universal framework of minimum standards for the survival, dignity and well-being of the Indigenous Peoples of the world and it elaborates on existing human rights standards and fundamental freedoms as they apply to the specific situation of Indigenous Peoples.

Link

[https://www.un.org/development/desa/indigenouspeoples/wp-content/uploads/sites/19/2018/11/UNDRIP\\_E\\_web.pdf](https://www.un.org/development/desa/indigenouspeoples/wp-content/uploads/sites/19/2018/11/UNDRIP_E_web.pdf)

## JORDAN'S PRINCIPLE

About



Jordan's Principle makes sure all First Nations children living in Canada can access the products, services and supports they need, when they need them. Tribunal Rules on Four Categories of Jordan's Principle Eligibility to Ensure Substantive Equality.

Link

- **First Nations Child and Family Caring Society of Canada**  
[https://fncaringsociety.com/sites/default/files/2020\\_chrt\\_36\\_information\\_sheet\\_jr\\_update.pdf](https://fncaringsociety.com/sites/default/files/2020_chrt_36_information_sheet_jr_update.pdf)
- **Government of Canada**  
[https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824?utm\\_campaign=not-applicable&utm\\_medium=vanity-url&utm\\_source=canada-ca\\_jordans-principle](https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824?utm_campaign=not-applicable&utm_medium=vanity-url&utm_source=canada-ca_jordans-principle)



**Reconciliation ... is a Canadian problem.  
It involves all of us.**

Justice Murray Sinclair  
(CBC Radio, 2015)

[Back to Table of Contents](#)



# Government of Canada Resources

## THE INDIGENOUS LEARNING SERIES

About



Under the themes of Recognition, Respect, Relationships and Reconciliation, the Indigenous Learning Series provides access to resources, courses, workshops and events on the history, heritage, cultures, rights and perspectives of Canada's Indigenous Peoples, as well as on their varied and long-standing relationships with the Crown.

Link

<https://www.cspc-efpc.gc.ca/ils-eng.aspx>

## RELATIONSHIP WITH INDIGENOUS COMMUNITIES GUIDELINE, 2018

About

The Guideline provides direction on how boards of health shall approach specific requirement(s) identified within Ontario Public Health Standards: Requirements for Programs, Services and Accountability (Standards). The aim is to provide a consistent approach to/application of requirements across all boards of health, while also allowing for variability in programs and services across health units based on local contextual factors as defined in the Guideline.

Link

[https://www.health.gov.on.ca/en/pro/programs/publichealth/oph\\_standards/docs/protocols\\_guidelines/Relationship\\_with\\_Indigenous\\_Communities\\_Guideline\\_en.pdf](https://www.health.gov.on.ca/en/pro/programs/publichealth/oph_standards/docs/protocols_guidelines/Relationship_with_Indigenous_Communities_Guideline_en.pdf)

## HEALTH SERVICES FOR FIRST NATIONS AND INUIT

About

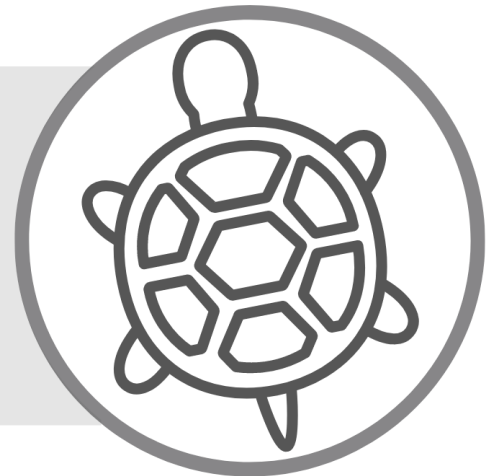
Access the First Nations and Inuit home and community care program, health services and nursing care. Also, find support for former students of Indian residential schools.

Link

<https://www.sac-isc.gc.ca/eng/1581895601263/1581895825373>

**There are approximately 133 distinct First Nations communities, in what is now the province of Ontario, each with their own traditions, customs beliefs and world views.**

Government of Ontario [Indigenous peoples in Ontario, 2016](#)



# Resources from Professional Colleges and Associations

## ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA, INDIGENOUS HEALTH RESOURCES

About Working together, the Indigenous Health Committee (IHC) and the Royal College are taking steps to focus on Indigenous health education across all residency training programs and throughout professional practice by providing educational tools and resources.

The following resources have been developed by the IHC and are eligible for continuing professional development credits under the Royal College Maintenance of Certification (MOC) Program.

Link <https://www.royalcollege.ca/rcsite/health-policy/indigenous-health-e>

Includes ➤ **Indigenous Health Values and Principles Statement, Second Edition (2019)**  
*Learn about the health values important to Indigenous Peoples and how the CanMEDS framework relates to them with actionable principles that guide culturally safe healthcare.*



➤ **Indigenous Health Primer (2019)**  
*Learn essential knowledge about Indigenous health in this rich compendium including case studies of Indigenous experiences, insights from Indigenous Fellows and more than 170 reference links.*

➤ **Indigenous health in specialty postgraduate medical education guide**  
*The Indigenous health in specialty postgraduate medical education guide responds directly to faculties of medicine looking to enhance Indigenous health curricula and programming.*

➤ **Cultural safety guidance for clinicians during the COVID-19 pandemic**  
*Healthcare professionals: increase your knowledge on why and how to follow culturally safe practices when treating patients with this one-page public health guide.*

➤ **Indigenous health content in postgraduate medical education: An environmental scan**  
*Read about the “state of readiness” of the 17 faculties of medicine in Canada to integrate Indigenous health in postgraduate medical education curriculum and programming.*

➤ **Various online cultural safety courses**

## COLLEGE OF PHYSICIAN AND SURGEONS OF ONTARIO (CPSO)

About CPSO has made a commitment to examine how it can better fulfill its mandate through bringing equity, diversity and inclusion (EDI) to its processes and policies.

Link <https://www.cpso.on.ca/Physicians/Your-Practice/Physician-Advisory-Services/Equity,-Diversity-and-Inclusion>

Includes



- **Barriers and Mitigating Strategies to Healthcare Access in Indigenous Communities in Canada**  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7349010/pdf/healthcare-08-00112.pdf>
- **Bringing Reconciliation to Healthcare in Canada**  
[https://www.healthcarecan.ca/wp-content/themes/camyno/assets/document/Reports/2018/HCC/EN/TRCC\\_EN.pdf?target=blank](https://www.healthcarecan.ca/wp-content/themes/camyno/assets/document/Reports/2018/HCC/EN/TRCC_EN.pdf?target=blank)
- **Indigenous Led Healthcare Partnerships in Canada**  
<https://www.cmaj.ca/content/cmaj/192/9/E208.full.pdf>
- **CanMEDS-Family Medicine: Indigenous Health Supplement**  
<https://www.cfpc.ca/CFPC/media/PDF/CanMEDS-IndigenousHS-ENG-web.pdf>

## CANADIAN NURSING ASSOCIATION (CNA)

About First Nations, Inuit and Métis are diverse populations whose health is affected by all social determinants of health, as well as a complex history of colonialism, racism and residential schools. Social determinants have a significant impact on disease and recovery experiences within these communities.

Link <https://www.cna-aiic.ca/en/policy-advocacy/indigenous-health>

Includes ➤ CNA works to advance Indigenous health and nursing through its partnership accord with the Canadian Indigenous Nurses Association (CINA) and through its Canadian Network of Nursing Specialties.



- **Nursing Declaration against Anti-Indigenous Racism in Nursing and Healthcare**
- **Aboriginal Health Nursing and Aboriginal Health: Charting Policy Direction for Nursing in Canada**
- **Cultural Competence and Cultural Safety in Nursing Education: A Framework for First Nations, Inuit and Métis**

## REGISTERED NURSES ASSOCIATION OF ONTARIO

About **Webinar: Connecting Culture, Land and Wellness to Indigenous Youth**



The purpose of this webinar is to increase healthcare professional' awareness of the importance of Indigenous language, community, culture and the wise practices and teachings of Elders to support well-being amongst Indigenous youth.

Link <https://www.youtube.com/watch?v=pAQAuP3Hn14>





## ONTARIO COLLEGE OF SOCIAL WORKERS AND SOCIAL SERVICE WORKERS

About The College is committed to continuing its work on issues of diversity, equity and inclusion as they relate to the materials that we develop and our organizational practices and processes. As part of this commitment, the College will seek to develop partnerships with Indigenous communities to begin to implement the Truth and Reconciliation Commission of Canada's calls to action within the regulatory context.

Link <https://www.ocswssw.org/indigenous/>

## CANADIAN SOCIETY OF MEDICAL LABORATORY SCIENCES

About This page provides tools and resources on Indigenous culture, health, terminology and statistics, including information about the relation between health, laboratory and patient care.

Link <https://www.csmls.org/Professional-Development/Expand-Your-Knowledge/Resource-on-Indigenous-Health.aspx>

## CANADIAN PHYSIOTHERAPY ASSOCIATION

About Physiotherapists are healthcare professionals who have the skills to collaborate with clients, other healthcare providers and funders to deliver services based on the unique, specific needs identified by Indigenous patients and communities.

Link <https://physiotherapy.ca/indigenous-health>

Includes ➤ **Canadian Physiotherapy Association Position Statement on The Role of Physiotherapy in Aboriginal Healthcare:** <https://physiotherapy.ca/app/uploads/2022/08/role-of-physiotherapy-in-aboriginal-health-care-2014.pdf>

## ONTARIO COLLEGE OF PHARMACISTS

About The College Board (Council) approved the adoption of three opportunities to cultivate Indigenous cultural competency amongst non-Indigenous Board members, and College staff and registrants.

Link <https://www.ocpinfo.com/about/indigenous-cultural-competency/>

## INSTITUTE FOR CLINICAL AND EVALUATIVE SCIENCES (IC/ES)

About For several years, IC/ES has been working closely with Indigenous (First Nations, Inuit and Métis) partners to develop unique partnerships that include data governance and data sharing agreements. These partnerships have enabled Indigenous-driven analyses using IC/ES data.

Link <https://www.ices.on.ca/About-ICES/Collaborations-and-Partnerships/Indigenous-Portfolio>

## CANADIAN PAEDIATRIC SOCIETY (CPS) - INDIGENOUS CHILD AND YOUTH HEALTH

About



One of the priorities in the Canadian Paediatric Society's strategic framework (2017-2022) is health equity for First Nations, Inuit and Métis children and youth. CPS advocates for policies and practices that address historic and systemic barriers to care and living conditions that have unfairly affected Indigenous children and youth in Canada.

Link

<https://cps.ca/en/indigenoushealth>



**"A significant portion of First Nations languages do not have a word for cancer."**

First Nations Cancer Control in Canada Baseline Report

[Canadian Partnership Against Cancer](#)

[Back to Table of Contents](#)



# Cancer-Related Resources

## CANCER CARE ONTARIO – INDIGENOUS RELATIONSHIP AND CULTURAL SAFETY COURSES (OFFERED ONLINE)

About



These 13 Indigenous Relationship and Cultural Safety courses are designed to empower those working with First Nations, Inuit and Métis People with the knowledge needed to provide culturally-appropriate, person-centred care. The information is relevant to all Canadians, as the courses promote greater awareness of First Nation, Inuit and Métis history, culture and the health landscape.

**Special Note:** In 2018, POGO and Ontario Health (Cancer Care Ontario) collaborated to create a module specifically on pediatric oncology. This course examines the differences between childhood and adult cancer, the journey for First Nation, Inuit and Métis children with cancer and the role POGO plays in helping to navigate this journey with a unique whole-life approach to childhood cancer care.

Link

<https://elearning.cancercare.on.ca/course/index.php?categoryid=2>

## ONTARIO HEALTH (CANCER CARE ONTARIO) – FIRST NATIONS, INUIT, MÉTIS AND URBAN INDIGENOUS CANCER STRATEGY 2019-2023

About



Since 2004, multi-year provincial Indigenous cancer strategies have addressed and led to improvements in cancer care for Indigenous people in Ontario. The First Nations, Inuit, Métis and Urban Indigenous Cancer Strategy 2019 – 2023 continues the work set out in the first 3 strategies.

Link

<https://www.cancercareontario.ca/en/cancer-care-ontario/programs/aboriginal-programs/indigenous-cancer-strategy>

## CANADIAN PARTNERSHIP AGAINST CANCER (CPAC) – CURRENT WORK WITH FIRST NATIONS, INUIT AND MÉTIS

About

Canadian Partnership Against Cancer (CPAC) has committed over \$24 million toward the development of Peoples-specific, First Nations, Inuit and Métis cancer plans in each province and territory. By 2022, First Nations, Inuit and Métis partners, in collaboration with cancer agencies/programs, will implement these plans to improve the cancer journey for First Nations, Inuit and Métis Peoples.


Link

<https://www.partnershipagainstcancer.ca/about-us/who-we-are/first-nations-inuit-metis/current-work/>


## CREATING A CANADIAN INDIGENOUS RESEARCH NETWORK AGAINST CANCER TO ADDRESS INDIGENOUS CANCER DISPARITIES

- About This article describes the forerunners and consultative process that created the Network and the consensus model developed to ground the Network with, by, and for Indigenous Peoples.
- Link <https://ascopubs.org/doi/abs/10.1200/JGO.19.00049>
- Citation Letendre, A., Garvey, G., King, A., King, M., Crowshoe, R., Bill, L., Caron, NC., & Elias, B. (2020). Creating a Canadian indigenous research network against cancer to address indigenous cancer disparities. *JCO global oncology*, 6, 92-98.

## INFERIOR SURVIVAL AMONG ABORIGINAL CHILDREN WITH CANCER IN ONTARIO

- About  Pediatric cancer distribution and outcomes have not been examined in Canadian Aboriginal children. The objective of this study was to describe the distribution, event-free survival and overall survival of Aboriginal children with malignancies who reside in Ontario compared with non-Aboriginal children.
- Link <https://acsjournals.onlinelibrary.wiley.com/doi/10.1002/cncr.28762>
- Citation Marjerrison, S., Pole, J. D., & Sung, L. (2014). Inferior survival among Aboriginal children with cancer in Ontario. *Cancer*, 120(17), 2751-2759.

## 'A WORLD OF COMPETING SORROWS': A MIXED METHODS ANALYSIS OF MEDIA REPORT OF CHILDREN WITH CANCER ABANDONING CONVENTIONAL TREATMENT

- About  We aimed to provide health practitioners greater insight into the public perception of traditional and complementary medicine (T&CM) use. Our objectives were to identify news media reports of children abandoning conventional treatment for traditional and complementary medicine, analyze the thematic content of these news articles and estimate the tonality portrayed.
- Link <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6303077/>
- Citation Diorio, C., Afanasiev, M., Salena, K., & Marjerrison, S. (2018). 'A world of competing sorrows': A mixed methods analysis of media reports of children with cancer abandoning conventional treatment. *PloS one*, 13(12), e0209738. <https://doi.org/10.1371/journal.pone.0209738>

## TUNGASUVVINGAT INUIT TAKING STEPS TOGETHER TOOLKITS

- About Tungasuvvingat Inuit is an Inuit-specific urban services provider that offers community supports for Inuit of all ages who are affected by cancer.
- Link <https://tiontario.ca/>
- Includes
  - A Cancer Toolkit for Urban Inuit in Ontario [https://tiontario.ca/wp-content/uploads/2021/04/TIOntario\\_Community\\_CancerToolkit\\_FINAL\\_WEB.pdf](https://tiontario.ca/wp-content/uploads/2021/04/TIOntario_Community_CancerToolkit_FINAL_WEB.pdf)
  - A Cancer Toolkit for Providers in Ontario [https://tiontario.ca/wp-content/uploads/2021/04/TIOntario\\_Provider\\_CancerToolkit\\_FINAL\\_WEB.pdf](https://tiontario.ca/wp-content/uploads/2021/04/TIOntario_Provider_CancerToolkit_FINAL_WEB.pdf)

[Back to Table of Contents](#)

## IMPROVING INDIGENOUS CANCER JOURNEYS IN BC: A ROAD MAP

- About This strategy is intended to support all First Nations (status and non-status, living at home and away from home), Métis (citizens and self-identified) and Inuit people living in BC.
- Link <https://www.fnha.ca/WellnessSite/WellnessDocuments/improving-indigenous-cancer-journeys-in-bc.pdf>

**1 in 4 First Nation communities in what is now called Ontario is a remote community, accessible only by air year-round or by ice road in the winter**

Government of Ontario [Indigenous peoples in Ontario, 2016](#)



## General Indigenous Healthcare-Related Resources

### PROJECT ECHO – FIRST NATIONS, INUIT, AND MÉTIS WELLNESS

- About Project Extension for Community Healthcare Outcomes (ECHO) Ontario First Nations, Inuit and Métis Wellness promotes an integrated approach to health and wellness that values medical and Indigenous knowledge. Our vision is that ECHO Ontario First Nations, Inuit, and Métis Wellness will build a community of practice that addresses mental and physical wellness from the perspective of wholism, and support primary and community care providers in their support of First Nations, Inuit, and Métis clients/patients.
- Link <https://camh.echoontario.ca/programs-fnim/>

### CANADIAN INDIGENOUS NURSES ASSOCIATION

- About The mission of the Canadian Indigenous Nurses Association is to improve the health of Indigenous Peoples, by supporting Indigenous nurses and by promoting the development and practice of Indigenous health nursing. In advancing this mission, the Association will engage in activities related to recruitment and retention, member support, consultation, research and education.
- Link <https://indigenousnurses.ca/>

[Back to Table of Contents](#)

## **MCMMASTER UNIVERSITY - INDIGENOUS CHILD HEALTH: UNDERSTANDING THE CONTEXT OF INEQUITY**

About This is a video of Virtual Grand Rounds (February 25, 2021), presented by Drs. Stacey Marjerrison, Bernice Downey, and Jillian Roberge of McMaster University. It identifies key factors and issues related to health inequities among Indigenous populations and promotion of Indigenous health allyship in the clinical setting including applications in Indigenous child health.



Link [https://www.macvideo.ca/playlist/dedicated/191024683/1\\_p7z2xtvc/1\\_qpslxgbk](https://www.macvideo.ca/playlist/dedicated/191024683/1_p7z2xtvc/1_qpslxgbk)

## **CANADIAN VIRTUAL HOSPICE - LIVINGMYCULTURE.CA**

About Everyone working in health care has a responsibility to contribute to respectful care that honours and includes cultural traditions and beliefs. When culture and traditions are enabled, the person who is ill and their family feel heard and supported.

Living with an advanced illness is difficult for patients, their families, friends and members of their community. Lack of cultural knowledge or failure to ask what is important to a patient and family, impacts care, makes the experience more difficult and grief more complex.

In these modules, you will hear from Indigenous Peoples about their values, beliefs and views about care, explore barriers to culturally safer care and learn how to address these barriers in your role.

Link <https://culturalsafetytraining.livingmyculture.ca/>

Includes

- Understanding Indigenous culture in palliative care
- Indigenous Peoples' journey through end-of-life care
- Creating a culturally safe space and wise practices for end-of-life care

## **CANADIAN PATIENT SAFETY INSTITUTE - INDIGENOUS PERSPECTIVES ON PATIENT SAFETY**

About Webinar: Indigenous Perspectives on Patient Safety (Nov. 14, 2019)  
The goal of this virtual discussion is to expand understanding of how people from Indigenous communities experience patient safety.

Includes perspectives of patients, providers and leaders from Indigenous communities on how they perceive safety and what solutions are/can be implemented.

Link <https://www.patientsafetyinstitute.ca/en/toolsResources/Pages/Indigenous-Perspectives-on-Patient-Safety-2019-10-03.aspx>



## THE UNFORGOTTEN – A FIVE-PART FILM EXPLORING THE HEALTH AND WELL-BEING OF INDIGENOUS PEOPLES LIVING IN CANADA

About Sharing experiences of Inuit, Métis and First Nations Peoples at various stages of life, this film was created to raise awareness, incite reflection and spark conversations about how to make meaningful change happen in health care.

Link <https://theunforgotten.cma.ca/>

## BIIGIWEYAN (“COMING HOME”): SOCIAL WORK AND HEALTHCARE WITH INDIGENOUS PEOPLES FROM COMPETENCY TO SAFETY

About Biigiweyan is a cultural safety training model that offers a roadmap for educational and training programs to make the jump from competency to safety. Founded in Indigenous ways of knowing and relating, Biigiweyan utilizes interprofessional training and live actor simulation and offers a rubric of cultural safety learning outcomes defined by Indigenous Peoples.

Link <https://openjournals.library.sydney.edu.au/index.php/SWPS/article/view/14384>

Citation Baskin, C., Hare, C., Peltier, C., Loughheed, S., Chabbert, P., Boudreau, C., Bruner, B., & Moir, L. (2020). Biigiweyan (“coming home”): Social work and healthcare with Indigenous peoples from competency to safety. *Social Work & Policy Studies: Social Justice, Practice and Theory*, 3(1), 1-20,

## MCMMASTER UNIVERSITY INDIGENOUS HEALTH INITIATIVE RESOURCE LIST

About This resource guide has been created to assist students, staff and faculty members in locating resource materials, both within McMaster University and on the web.

Link <https://healthsci.mcmaster.ca/ihi/resources>



**"It is imperative that healthcare practitioners recognize the importance of Traditional healing and incorporate these practices in the treatment of Indigenous patients where requested."**

Diorio, C., Afanasiev, M., Salena, K., & Marjerrison, S. (2018). ['A world of competing sorrows': A mixed methods analysis of media reports of children with cancer abandoning conventional treatment](https://doi.org/10.1371/journal.pone.0209738). *PLoS one*, 13(12), e0209738. <https://doi.org/10.1371/journal.pone.0209738>

[Back to Table of Contents](#)

# Cultural/Historical Resources

## UNIVERSITY OF ALBERTA – INDIGENOUS CANADA COURSE

About



Indigenous Canada is a Massive Open Online Course (MOOC) from the Faculty of Native Studies that explores Indigenous histories and contemporary issues in Canada.

From an Indigenous perspective, this course explores key issues facing Indigenous Peoples today from a historical and critical perspective, highlighting national and local Indigenous-settler relations.

Indigenous Canada is for students from faculties outside the Faculty of Native Studies with an interest in acquiring a basic familiarity with Indigenous/non-Indigenous relationships.

Link

<https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html>

Includes

- The fur trade and other exchange relationships
- Land claims and environmental impacts
- Legal systems and rights
- Political conflicts and alliances
- Indigenous political activism
- Contemporary Indigenous life, art and its expressions

## INDIGENOUS CULTURAL SAFETY COLLABORATIVE LEARNING SERIES

About



This national webinar series provides an opportunity to share knowledge, experiences and perspectives in support of collective efforts to strengthen Indigenous cultural safety across sectors.

Link

<https://www.icscollaborative.com/webinars>

Includes

- **Webinar 7: Indigenous Health Equity: Examining Racism as an Indigenous Social Determinant of Health**  
<https://www.icscollaborative.com/webinars/indigenous-health-equity-examining-racism-as-an-indigenous-social-determinant-of-health>
- **Webinar 8: Addressing Anti-indigenous Racism in Healthcare: Strategies for Implementing System-level Change**  
<https://www.icscollaborative.com/webinars/addressing-anti-indigenous-racism-in-health-care-strategies-for-implementing-system-level-change>
- **Webinar 10: Racism Hurts: Exploring the Health Impacts of Anti-indigenous Racism**  
<https://www.icscollaborative.com/webinars/racism-hurts-exploring-the-health-impacts-of-anti-indigenous-racism>
- **Webinar 13: Status Quo: How Health System Design Prevents Impactful Transformation of Indigenous Patient Care**  
<https://www.icscollaborative.com/webinars/status-quo-how-health-system-design-prevents-impactful-transformation-of-indigenous-patient-care>

[Back to Table of Contents](#)





## NATIONAL COLLABORATING CENTRE FOR INDIGENOUS HEALTH

**About** The National Collaborating Centre for Indigenous Health (NCCIH) is a national Indigenous organization established in 2005 by the Government of Canada and funded through the Public Health Agency of Canada ([PHAC](#)) to support First Nations, Inuit, and Métis public health renewal and health equity through knowledge translation and exchange. The NCCIH is hosted by the University of Northern BC ([UNBC](#)) in Prince George, BC.

**Link** <https://www.nccih.ca/en/>

**Includes**

- **Webinar: Reconciliation and Public Health**  
[https://www.nccih.ca/495/Webinar\\_Reconciliation\\_and\\_Public\\_Health.nccih?id=245](https://www.nccih.ca/495/Webinar_Reconciliation_and_Public_Health.nccih?id=245)
- **Knowledge Resources and Publications**  
[https://www.nccih.ca/34/Publication\\_Search.nccih](https://www.nccih.ca/34/Publication_Search.nccih)



**To heal a nation we must first heal the individuals,  
the families and the communities.**



Art Solomon, Anishinaabe Elder

