

Childhood Cancer Survivorship and Research Studies

Data collection helps to:

- Improve care by focusing attention on key research areas
- Plan changes in cancer treatment for future generations of children

Your POGO AfterCare Clinic will record non-identifiable information about you to be included in a provincial research record.

However, some research may benefit greatly from follow-up contact with survivors, or from the addition of health information stored in other health records and databases.

When personal information is needed, researchers will seek your consent, along with approval from the Hospital Research Ethics Board.

Privacy and confidentiality laws are always respected, and information that could identify a survivor will be separated from the data used in these studies.

Learn how to protect your health.

Participate in the Provincial Pediatric Oncology AfterCare Program!

POGO AfterCare Clinic Locations

Hamilton

McMaster Children's Hospital,
Hamilton Health Sciences
(905) 521-2100 ext. 73132

Kingston

Cancer Centre of Southeastern Ontario at
Kingston Health Sciences Centre
Pediatric: (613) 549-6666 ext. 6625
Adult: (613) 549-6666 ext. 3832

London

Children's Hospital,
London Health Sciences Centre
(519) 685-8500 ext. 52192

Ottawa

Children's Hospital of Eastern Ontario
(613) 737-7600 ext. 3102

The Ottawa Hospital Regional
Cancer Centre
(613) 737-7700 ext. 70294 (Option 5)

Toronto

The Hospital for Sick Children
(416) 813-8321

Princess Margaret Cancer Centre
AfterCare: (416) 946-4501 ext. 2121
CNS AfterCare: (416) 946-4501 ext. 5050

Pediatric Oncology Group of Ontario

480 University Avenue, Suite 1014
Toronto, Ontario, Canada M5G 1V2
(416) 592-1232
Toll-Free: | (855) FOR-POGO
www.pogo.ca

Provincial Pediatric Oncology AfterCare Program

Are you a
childhood cancer survivor?



Leigh Tynan Studio

Attending just one AfterCare Clinic appointment a year could reduce the long-term effects of treatment and help you to stay healthy

POGO
PEDIATRIC ONCOLOGY GROUP OF ONTARIO

Healthcare innovation | Survivor care
Family assistance | Population data |
Policy development | Research | Education

What is the Pediatric Oncology AfterCare Program?

The Provincial Pediatric Oncology AfterCare Program is a project of the Pediatric Oncology Group of Ontario (POGO).

It's a long-term follow-up program designed to provide you with:

- Regular contact with caregivers who understand cancer and its treatment
- Early detection of any late effects
- Access to information related to cancer survival

Since 2001, POGO AfterCare Clinics have been operating in five pediatric oncology hospital programs and in two adult survivor hospital sites.

Through POGO, healthcare providers in cancer programs at these sites work together to protect the health of survivors of childhood cancer into adult life.

Who should attend AfterCare Clinics?

All survivors of childhood cancer who have been off treatment for two or more years may be eligible to attend a POGO AfterCare Clinic.

What are the advantages of participating in AfterCare?

When you participate in the POGO AfterCare Program, you help yourself and others by:

- Accessing services you may need
- Keeping up-to-date on new information about cancer and those who survive it
- Contributing to the growing knowledge base about the long-term health of childhood cancer survivors

What happens when I attend a POGO AfterCare Clinic?

You will receive information about how POGO AfterCare Clinics work and who will be on your AfterCare team.

The POGO AfterCare Clinic staff specializes in the care of childhood cancer survivors and is trained to: protect health; promote quality of life; detect problems early, including social or psychological problems; provide referrals to specialists if concerns arise; and prevent disease.

You will be assessed and information about your health and treatment will be collected in order to help plan your AfterCare needs. This information is also essential to our research on survivor health and late effects from treatment of childhood cancer.

How often should I attend a POGO AfterCare Clinic?

You should expect to come to clinic every 12 months initially. Your AfterCare healthcare team then meets to develop a visit plan and arrange any required tests.

You will be able to discuss any concerns you may have with the AfterCare experts.

Once you have been off treatment for more than 10 years you may be able to attend a POGO AfterCare Clinic once every 2 years.

AfterCare visits may take 1 to 4 hours.

What about test results?

We will tell you your test results and will send them to your family doctor. If results show that something is not normal we may ask you to come back to clinic for further assessment or refer you to an appropriate specialist.

What do I do if I have health concerns related to cancer between visits?

Call the nurse on your healthcare team:

Nurse: _____

Telephone: _____