

Childhood Cancer Survivorship and Research Studies

Data collection helps to:

- Improve care by focusing attention on key research areas
- Plan changes in cancer treatment for future generations of children

Your AfterCare clinic will record non-identifiable information about you to be included in a provincial research record.

However, some research may benefit greatly from follow-up contact with survivors, or from the addition of health information stored in other health records and databases.

When personal information is needed, researchers will ask for your consent, along with approval from the Hospital Research Ethics Board.

Privacy and confidentiality laws are always respected, and information that could identify a survivor will be separated from the data used in these studies.

Learn how to protect your health.

Participate in the Provincial Pediatric Oncology AfterCare Program!

AfterCare Clinic Locations

Hamilton

McMaster Children's Hospital,
Hamilton Health Sciences Centre
(905) 521-2100 ext. 73132

Kingston

Cancer Centre of Southeastern Ontario
at Kingston General Hospital
(613) 549-6666 ext. 6625

London

Children's Hospital,
London Health Sciences Centre
(519) 685-8500 ext. 52192

Ottawa

Children's Hospital of Eastern Ontario
(613) 737-7600 ext. 2760

The Ottawa Regional Hospital
Cancer Centre
(613) 737-7700 ext. 70294

Toronto

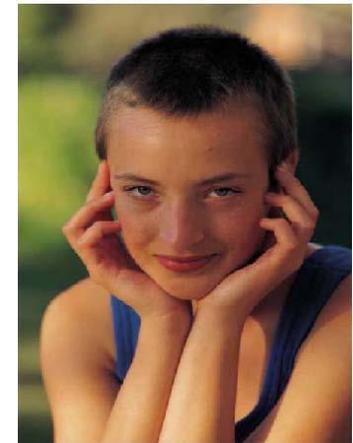
The Hospital for Sick Children
(416) 813-8321

Princess Margaret Cancer Centre
(416) 946-2121

Pediatric Oncology Group of Ontario
480 University Avenue, Suite 1014
Toronto, Ontario, Canada M5G 1V2
(416) 592-1232
Toll-free: 1 855 FOR-POGO
www.pogo.ca

Provincial Pediatric Oncology AfterCare Program

Are you a childhood cancer survivor?



Attending just one AfterCare clinic appointment a year could reduce the side effects of treatment and help you stay healthy

POGO COLLABORATING FOR KIDS WITH CANCER SINCE 1983
PEDIATRIC ONCOLOGY GROUP OF ONTARIO

Healthcare innovation | **Survivor care**
Family assistance | Population data |
Policy development | Research |
Education

What is the Pediatric Oncology AfterCare Program?

The Provincial Pediatric Oncology AfterCare Program is a project of the Pediatric Oncology Group of Ontario (POGO). It's a long-term follow-up program designed to provide you with:

- Regular contact with caregivers who understand cancer and its treatment
- Early detection of any late effects
- Access to information related to cancer survival

Since 2001, AfterCare clinics have been operating in five pediatric oncology hospital programs and in two adult survivor hospital sites.

Through POGO, healthcare providers in cancer programs in these sites work together to protect the health of survivors of childhood cancer into adult life.

What are the advantages of participating in AfterCare?

When you participate in the AfterCare Program, you help yourself and others because:

- You may be able to access services you need
- The program will keep you up to date on new information about cancer and those who survive it

- You can contribute to the growing knowledge base about the long-term health of childhood cancer survivors

Who should attend AfterCare clinics?

All survivors of childhood cancer who have been off treatment for two or more years may be eligible to attend an AfterCare clinic. Your oncologist or clinic nurse will talk to you about when AfterCare should start for you.

What happens when I attend an AfterCare clinic?

During your first visit, the team will collect information about your health and treatment. This information will be used to develop your long-term follow-up plan, and is also essential to our research on survivor health and late effects from treatment of childhood cancer.

The AfterCare clinic staff specializes in the care of childhood cancer survivors and is trained to: protect health; promote quality of life; detect problems early, including social or psychological problems; provide referrals so you can find the help you need; and prevent disease.

The AfterCare healthcare team will also assess your health, arrange required tests and refer you for required treatment.

You will be able to discuss any concerns you may have with the experts, and you may also have the chance to talk to other survivors and their families.

AfterCare clinic visits may take 1 - 4 hours.

Once you become an adult, you will transfer to an adult AfterCare clinic and will receive a Passport to Health – a wallet-size document containing all the important details of your medical history and past treatments.

How often should I attend an AfterCare clinic?

You should expect to come in at least once a year for the first five to 10 years, and every second year after that.

What about test results?

We will tell you your test results and we also send them to your family doctor. If results show that something is not normal we may ask you to come back to clinic for further assessment or refer you to an appropriate specialist.

What do I do if I have health concerns related to cancer between visits?

Call the nurse on your healthcare team:

Nurse: _____

Telephone: _____