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*SAVTI Counsellors are available at your POGO AfterCare Clinic or in the community.*

***If you are interested in learning more about SAVTI, please [CLICK HERE](#)***

***If you are a survivor of childhood cancer, SAVTI can help you:***

- ***Identify career options and goals focused on your strengths and skills***
- ***Develop a personal education and/or employment plan***
- ***Facilitate access to education and employment pathways***
- ***Apply for admission to college or university and prepare for employment***
- ***Link with appropriate services and supports within colleges, universities or the community in order to achieve your goals***

## SUMMER JOB SERVICES

### RESOURCES IN YOUR COMMUNITY

Searching for a summer job can seem like a full-time job itself. If you're feeling overwhelmed by online postings, job boards and applications, take a moment to contact one of these summer job services in your area for guidance. Most programs are open to secondary or post-secondary students who are returning to school in the fall.

#### **OTTAWA REGION**

##### The Employment Support Centre, Algonquin College

- Provides job search support as well as assistance with resumé writing and interview preparation to students and graduates
- Web: [www.algonquincollege.com/employment/](http://www.algonquincollege.com/employment/)
- Phone: 613-727-4723 ext. 7200

##### Youth Services Bureau of Ottawa

- Works with employers to match job seekers with employment opportunities and offers career counselling, job fairs and more
- Web: <http://www.ysb.on.ca/index.php?page=youth-employment-services&hl=eng>
- Phone: 613-236-6457 ext. 1531 or 1532

##### Carleton University Co-op and Career Services

- Assists students with resumé writing as well as access to online career workshops and job postings
- Web: [www.carleton.ca/cc](http://www.carleton.ca/cc)
- Phone: 613-520-6611

#### **KINGSTON REGION**

##### St. Lawrence College (Kingston or Brockville Campus)

- Assists secondary and post-secondary students in the pursuit of summer employment
- Web: <http://www.employmentservice.sl.on.ca/job-seekers/programs/summer-jobs-service.html>
- Phone: 613-544-5400 ext. 1683

## Featured Resources: Employment Supports

Are you looking to enter the workforce but are concerned that your disability will present a challenge? Start here:

### ONTARIO DISABILITY SUPPORT PROGRAM EMPLOYMENT SUPPORTS

If you have a disability, ODSP employment supports can help you identify an employment goal, develop an action plan and figure out the supports you need to achieve your goal. Specific supports include: job coaching, on-the-job training, interpreter or intervenor services, transportation assistance, specialized computer training and more.

[CLICK HERE FOR MORE](#)

### ONTARIO MARCH OF DIMES

The March of Dimes offers programming across Ontario, provides job assistance specifically for those with disabilities and will work directly with employers to secure workplace accommodations.

80% of people served by March of Dimes found employment last year!

[CLICK HERE FOR MORE](#)

## SUMMER JOB SERVICES - CONTINUED

### TORONTO REGION

#### YMCA of Greater Toronto (various locations across the GTA)

- Provides access to a summer job counsellor who will help you connect with potential employers and provide resumé and interview support
- Web: <http://www.ymcagta.org/en/get-a-job/help-you-find-job/emp-program-descriptions/summer-jobs.html>
- Phone: various – see website

#### Springboard

- Provides pre-employment workshops and connects summer job seekers to rewarding summer job experiences
- Web: <http://www.springboardservices.ca/programs-services/employment/>
- Phone: 416-849-4421

#### Youth Employment Services (YES)

- Partners with employers to offer exclusive access to summer job opportunities, job fairs, hiring events and helpful workshops
- Web: <http://www.yes.on.ca/summer-job-service/>
- Phone: 416-504-5516

### HAMILTON REGION

#### Mohawk College

- Provides access to summer job postings and resumé and job search workshops
- Web: <http://www.mohawkcollege.ca/community-training/job-search-services/summer-job-service.html>
- Phone: 905-575-2368

#### Employment Hamilton

- Provides students with free job-search and self-marketing support
- Web: <http://www.employmenthamilton.com/eh/>
- Phone: 905-522-4902

### LONDON REGION

#### Fanshawe College

- Students receive information and advice about how to find a job, and access to job postings
- Web: <http://www.fanshawec.ca/cces/sjs>
- Phone: 519-452-4430

#### Youth Opportunities Unlimited

- Provides job search assistance, resumé development, and job matching opportunities
- Web: <http://www.you.ca/student-and-summer-jobs/>
- Phone: 519-432-1112

If you don't see a service located in your community, contact your SAVTI Counsellor for assistance.

## UPCOMING EVENTS

### [SAVTI WORKSHOP SURVEY](#)

Would you like to attend a workshop planned around your needs and interests as a childhood cancer survivor? SAVTI would like to hear from you!

Whether you'd like to learn more about entering the workplace, resumé building, connecting socially, managing your finances or other topics, your input will help to create a workshop series based on the issues you want to learn about.

To provide your feedback, **[please click here](#)** to fill out an anonymous online survey.

### [SAVE THE DATE: EMPLOYMENT WORKSHOP MAY 5TH](#)

Looking to start a career? Interested in finding summer employment? Wondering how to get started with all this? On May 5<sup>th</sup>, SAVTI and Youth Employment Services (YES) will hold a workshop in Toronto and by live webcast to discuss job searches, workplace accommodations for disability, issues around disclosure and more. Further details will be sent out by email shortly – stay tuned!



## SURVIVOR STORIES: HOW SAVTI HELPS

Whether you're applying to college, preparing for a job interview or are actively employed, SAVTI is here to help you achieve your goals. Keep in touch with SAVTI as you move from high school to university and beyond – your SAVTI Counsellor provides guidance and works with you to succeed in many areas.

Here are a few words from SAVTI clients (please note that names have been changed):

- **ON TALKING WITH A SAVTI COUNSELLOR**

“Every time I went there it's like sometimes when you're just talking with a medical doctor or something, you don't feel comfortable but then talking to her it's like just talking to a friend or something.... you don't have to stay on track with them but it's like your own schedule.” – Frances

- **ON FEELING SUPPORTED**

“I remember feeling reassured that I had that support there behind me. It was super. It was good to know that I had like that rich area..... it was just that comfort of knowing when I was ready to do something I had a place to go to that would help” – Dan

- **ON GETTING INTO SCHOOL AND HOW SAVTI CAN HELP**

“They really helped me out with school more than I expected.... like without the lady who helped me I probably never would have been going to school in September. She guided me all the way through, gave me steps. If I didn't know anything she would help me.” – Daryl

## Social Events

POGO's SAVTI gratefully acknowledges the following support:

### Lead sponsor



### Supporting sponsorship

Kavelman-Fonn Foundation

### Join our mailing list!

If you would like to receive this newsletter by email, **[please click here](#)**

## THE POWER OF SELF ADVOCACY

As a survivor of childhood cancer, there's no doubt that you've faced many transitions in your life. When you were younger, your healthcare was managed by a team of experts as well as your parents. As the years go by, you're probably finding that you're managing more of your life on your own, whether that means scheduling your own AfterCare appointments, coming up with your own work-related or educational goals or applying for your first job. In many cases, transitioning from high school to post-secondary, or from school to employment requires you to become more independent and to develop the ability to stand up for yourself, to clearly communicate your needs and goals and to enlist help where appropriate.

### WHAT IS SELF ADVOCACY?

Self advocacy means:

- Knowing as much as possible about your diagnosis, its treatments and the potential effects on your body and mind
- Arming yourself with the tools and skills necessary to feel comfortable asserting yourself when you need something
- Taking as much control as possible over your health, happiness, goals and life in general

### WHEN MIGHT YOU NEED TO ADVOCATE FOR YOURSELF?

Some examples might include:

- **In a job interview**  
You will need to convince future employers that you are the best candidate for the job by showcasing or demonstrating your skills and background.
- **Speaking to teachers or professors**  
If you need classroom accommodations such as visual aids, a note-taker or special test-taking considerations, your teachers and school will need to know this in order to be able to support you.
- **During a medical appointment**  
If you don't understand something a doctor or nurse tells you about a treatment, a side effect you might experience or a procedure you have to schedule, don't be afraid to ask for clarification. The better you understand your own health plan, the more communication you'll have with your healthcare provider and the more comfortable you'll feel.

- **When you have your own vision for your future**  
Mom, dad or your teachers may know best a lot of the time, but only you know what you'd really like to study in school or what you'd like your career path to be. Sharing your goals with these people will help them to work with you to discuss your future and make your dreams a reality!

### YOU'RE NOT ALONE

If you're ever unsure of how to handle a situation and need some advice, don't forget about the people who are here to help you. These can include:

- AfterCare nurses
- Oncologists or family doctors
- Disability resource centres at colleges or universities
- Social workers at your treatment centre
- Teachers or professors
- Parents and trusted friends
- Your SAVTI Counsellor!

[CLICK HERE TO READ MORE ABOUT SELF ADVOCACY](#)

### WANT TO DO MORE?

Looking for a fun and easy way to raise money for kids with cancer?

**FUNDRAISE FOR POGO BY ORGANIZING YOUR OWN EVENT OR PARTICIPATE IN ONE OF OURS!**

Competitive races, team sports, bake sales, employee dress down days.

Whatever your interest, we have the people and the tools to help you get started.

**FIND OUT MORE AT:**

<http://www.pogo.ca/get-involved/>