

## Childhood Cancer Survivorship and Research Studies

Data collection helps to:

- Improve care by focusing attention on key research areas
- Plan changes in cancer treatment for future generations of children

The AfterCare clinic will record non-identifiable information about survivors to be included in a provincial research record.

However, some research may benefit greatly from follow-up contact with survivors, or from the addition of health information stored in other health records and databases.

When personal information is needed, researchers will ask for consent, along with approval from the Hospital Research Ethics Board.

Privacy and confidentiality laws are always respected, and information that could identify a survivor will be separated from the data used in these studies.

To learn more about the Provincial Pediatric Oncology AfterCare Program, please contact POGO

Call (416) 592-1232  
| 855 FOR-POGO  
or visit [www.pogo.ca](http://www.pogo.ca)

## AfterCare Clinic Locations

### Hamilton

McMaster Children's Hospital,  
Hamilton Health Sciences Centre  
(905) 521-2100 ext. 73132

### Kingston

Cancer Centre of Southeastern Ontario at  
Kingston General Hospital  
(613) 549-6666 ext. 6625

### London

Children's Hospital,  
London Health Sciences Centre  
(519) 685-8300 ext. 52192

### Ottawa

Children's Hospital of Eastern Ontario  
(613) 737-7600 ext. 2760  
Email: [oncologyaftercare@cheo.on.ca](mailto:oncologyaftercare@cheo.on.ca)

The Ottawa Regional Hospital  
Cancer Centre  
(613) 737-7700 ext. 70294

### Toronto

The Hospital for Sick Children  
(416) 813-8321

Princess Margaret Cancer Centre  
(416) 946-2121

*POGO gratefully acknowledges funding support from the  
Ministry of Health and Long-Term Care*

### Pediatric Oncology Group of Ontario

480 University Avenue, Suite 1014  
Toronto, Ontario, Canada M5G 1V2  
(416) 592-1232  
Toll-free: | 855 FOR-POGO  
[www.pogo.ca](http://www.pogo.ca)

## Provincial Pediatric Oncology AfterCare Program

Do you have patients  
who are childhood  
cancer survivors?



Attending just one AfterCare  
clinic appointment a year could  
reduce the side effects of  
treatment and help survivors  
stay healthy

**POGO**  
PEDIATRIC ONCOLOGY GROUP OF ONTARIO

COLLABORATING FOR KIDS  
WITH CANCER SINCE 1983

Healthcare innovation | **Survivor care**  
Family assistance | Population data |  
Policy development | Research | Education

## What is the Pediatric Oncology AfterCare Program?

The Provincial Pediatric Oncology AfterCare Program is a project of the Pediatric Oncology Group of Ontario (POGO). It is a long-term follow-up program designed to provide survivors of childhood cancer with:

- Systematic and proactive health surveillance for late effects of the disease and its treatment in areas of identified risk
- Early detection and rapid intervention
- Comprehensive collection of data on late effects to improve the care of future generations of children with cancer

Since 2001, formal AfterCare clinics have been launched in five tertiary pediatric oncology programs and in two adult survivor sites.

Through POGO, healthcare providers affiliated with cancer programs in these sites work together to protect the health of survivors of childhood cancer into adult life.

Help protect the health of childhood cancer survivors by referring them to the Provincial Pediatric Oncology AfterCare Program!

## What are the advantages of participating in AfterCare?

When survivors participate in the AfterCare Program, they help themselves and others because:

- The program keeps them up to date on new information about cancer and those who survive it
- By participating, they contribute to the growing knowledge base about the long-term health of childhood cancer survivors

## What happens when survivors attend an AfterCare clinic?

The AfterCare clinic staff specializes in the care of childhood cancer survivors. The AfterCare healthcare team is trained to:

- Protect health
- Promote quality of life
- Detect problems early, including social or psychological problems
- Provide referrals to specialists if health concerns arise
- Prevent disease

Survivors will receive information about how AfterCare clinics work and who will be on their AfterCare team.

They will be assessed and information about their health and treatment will be collected so that a comprehensive long-term follow-up plan can be developed.

Their AfterCare healthcare team then meets to develop a visit plan and arrange any required tests.

Survivors will be given the opportunity to discuss any concerns they may have with the AfterCare experts.

AfterCare clinic visits may take 1-4 hours.

## How often should survivors attend an AfterCare clinic?

Survivors should expect to come to clinic every 12 months initially. Once they have been off treatment for more than ten years they may be able to attend AfterCare clinic once every two years.

## Who should attend AfterCare clinics?

All survivors of childhood cancer who have been off treatment for two or more years may be eligible to attend an AfterCare clinic.