

# REGISTRATION

Historically we have been able to offer the SHARE conference at no cost to our participants. However, it is now necessary to introduce a registration fee to ensure the growth and development of the conference. We have done our best to keep these fees minimal and appreciate your understanding. Your registration fee includes full day conference events, conference package materials, morning / afternoon break refreshments, movie treats and luncheon. Please note the social event is **not** included in the registration fee.

## Registration Pricing

Survivor (includes one guest)	\$25.00
Survivor plus two guests	\$35.00
Survivor plus three guests	\$45.00

Health Care / Community Partner \$25.00

There are two ways to register and submit payment:

1. Complete registration online including payment via PayPal at [www.ottawashareconference.ca](http://www.ottawashareconference.ca)
2. Complete a registration form and submit by mail with cheque payment) to:

Melissa Morrison, SHARE Conference Coordinator  
2631-401 Smyth Road, CHEO  
Ottawa, ON K1H 8L1

## CONTACT INFORMATION

Questions about the Conference?  
Melissa Morrison [mjohnson@cheo.on.ca](mailto:mjohnson@cheo.on.ca)  
613-737-7600 x 2210

## SOCIAL EVENT INFORMATION

Brandy Harrop [Brandy.harrop@yahoo.ca](mailto:Brandy.harrop@yahoo.ca)  
613-933-7314

## Roll credits...\*

**We gratefully acknowledge  
and thank all our sponsors,  
participants and hosts:**

### *Wrong Way to Hope Cast*

Mike Lang                      Bonnie Lang  
Vikram Bubber                Jared Brick  
Laurie Hersperger          Peter Mazereeuw

### *Guest panel*

Muhamad Adatia  
Nathan Adolphe  
John Leslie

### *Guest Speaker*

Dr. Anne Klassen

### *Sponsors*

accenture  
CHEO

### *Website designer*

Arbitar

*\*at time of printing*

4<sup>th</sup> Ottawa S.H.A.R.E. Conference  
HRQL?? Depuzzling Health-Related Quality of Life  
Saturday, October 15th, 2011

## Featuring:



S.H.A.R.E.

Survivors' Health: Advocating for  
Resources and Education



Visit us at:

[www.ottawashareconference.ca](http://www.ottawashareconference.ca)

Location: Ottawa, Ontario



French translators will be available during the conference. /  
Traducteurs français sera disponible durant la conférence



# Welcome to your 4th Ottawa SHARE Conference !

## Lights...camera....ACTION!!



After a warm welcome by the Conference Co-Chairs, you will enjoy our feature presentation - the motivating and explorative movie documentary “Wrong Way to Hope” – complete with popcorn and refreshments (yes, it IS a breakfast food!).



Following the movie we roll out the ‘red carpet’ and introduce you to a few of the movie’s amazing cast of pediatric and young adult cancer survivors. In this interactive and open forum you are encouraged to SHARE their journey with cancer, their adventure down the white water rapids of the Owyhee and delve into your own life experiences living with cancer.



Next we are delighted to announce that international health- related quality of life (HRQL) expert Dr. Anne Klassen will shed light on the puzzlement of what Health Related Quality of Life is, its impact on current clinical care and research and what it means to you in your daily cancer survivorship.

In a sequel to SHARE-ing with the cast of Wrong Way to Hope, we are proud to offer you the opportunity to meet some of CHEO and the Ottawa Hospital’s own home-grown successful survivors. Climb a mountain with Mohamed, SHARE a Tip-of-the-Toes adventure with Nathan and snowboard to Paralympian heights .

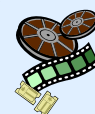


We will ‘cut’ for a lunch and network with friends, preview the information at the resource fair and prepare for two acting classes, sorry, rather two *workshops* that you have chosen to attend. You will explore the themes addressed in Wrong Way to Hope documentary in smaller and more personal environments. Our workshops are facilitated by qualified and friendly moderators willing to discuss whatever is on your mind.

Before we can say, ‘that’s a wrap!’, we are thrilled to announce the premier social event at SHARE - rated “FSO” - For Survivors Only. There is no need for tuxedos and evening gowns, (this isn’t the Junos – YET!) Plan to join your friends and peers an evening of fun - maybe even start an adventure of your own!

## Conference – at – a – Glance

<b>8:00 – 8:30</b>	<b>REGISTRATION</b>
<b>8:30 – 8:40</b>	<b>WELCOMING REMARKS – Conference Chairs</b> <b>Ms. Patricia McCarthy and Ms. Sarah Brandon</b>
<b>8:40 – 9:50</b>	<b>Movie: “Wrong Way to Hope”</b>
<b>9:50 – 10:00</b>	<b>BREAK</b>
<b>10:00 – 10:45</b>	<b>Wrong Way to Hope Cast Members SHARE-ing their Cancer Journey and Life Experience</b>
<b>10:45 – 11:30</b>	<b>Dr. Anne Klassen, Medical Expert Health Related Quality of Life – What it is and how it affects YOU!</b>
<b>11:30 – 12:00</b>	<b>Successful Survivors SHARE-ing their Adventures</b> <ul style="list-style-type: none"> <li>○ <b>Mt. Kiliminjaro – No mountain is too high!</b></li> <li>○ <b>Para-Olympian Aspirations – Beating the odds!</b></li> <li>○ <b>Tip-of-the-Toes / Sur les points des pieds – Adventure awaits - don’t hesitate!</b></li> </ul>
<b>12:00 – 1:30</b>	<b>LUNCHEON</b>
<b>1:30 – 3:45</b>	<b>Attend two workshops as pre-registered.</b>
	<b>Workshop A: Reintrajectorization – HUH?</b>
	<b>Workshop B: Living beyond Fear</b>
	<b>Workshop C: Relationships 101</b>
	<b>Workshop D: Isolation Breaker</b>
	<b>Workshop E: Do-It-Yourself Adventure</b>
	<b>Workshop F: Transition into Survivorship</b>
<b>3:45 – 4:00</b>	<b>WRAP UP</b>



### EVENING SOCIAL EVENT

(Refer to “REGISTRATION” section for more details)

## Workshop Details

**You will have the opportunity to attend two afternoon workshops of your choice.**

*Please note that workshops C, D and F will have separate sessions for survivors and family members/ supporters to encourage open, frank discussions. The remaining workshops will have mixed participants*

### **Workshop A: Reintrajectorization – HUH?**

**Facilitator: Mike Lang**

An introspective session examining living with cancer and survivorship.

### **Workshop B: Living beyond Fear**

**Facilitator: Pelle Stenbring**

Practical approaches to living in the ‘now’ – beyond the fear of cancer.

### **Workshop C: Relationships 101**

**Facilitator: Bonnie Lang**

Love and Respect: The ups and downs, ins and outs of supportive relationships.

### **Workshop D: Isolation Breaker**

**Facilitator: Josee Charlebois**

A workshop aimed at breaking the isolation experience through positive action.

### **Workshop E: Do-It-Yourself Adventure**

**Facilitators: Patricia McCarthy / Laurie Hinsperger**

Brainstorming workshop to inspire your own adventure.

### **Workshop F: Transition into Survivorship**

**Facilitators: Sarah Brandon / Vikram Bubber**

Getting “a life” and enjoying it – help with educational, vocational goals and dealing with barriers.

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