

## Childhood Cancer Survivorship and Research Studies

The AfterCare clinic will record non-identifiable information about survivors to be included in a provincial research record. If researchers need to identify survivors for a specific research study, a Research Ethics Board will approve it, and survivor permission will be requested. Privacy and confidentiality laws are always respected.

### Data Collection helps to:

Improve care by focusing attention on key research areas

Plan changes in cancer treatment for future generations of children

Most of the information collected does not require identification of the patient. Information that could identify a survivor will be separated from the data used in these studies.

Some research may benefit greatly from follow up contact with the survivor, or from the addition of health information stored in other health records and databases. When personal information is needed, researchers will ask for consent, along with approval from the Hospital Research Ethics Board.

Help protect the health of childhood cancer survivors by referring them to the Provincial AfterCare Program



## Where to find an AfterCare Program?

### Ottawa

Children's Hospital of Eastern Ontario  
613-737-7600 • Ext 2760  
The Ottawa Regional Hospital Cancer Centre  
613-737-7700 • Ext 70294

### Hamilton

McMaster Children's Hospital,  
Hamilton Health Sciences Centre  
905-521-2100 • Ext 73430

### Kingston

Cancer Centre of Southeastern Ontario  
at Kingston General Hospital  
613-549-6666 • Ext 3834

### London

Children's Hospital,  
London Health Sciences Centre  
519-685-8500 • Ext. 52192

### Toronto

The Hospital for Sick Children  
416-813-8321  
Princess Margaret Hospital  
416-946-4501 • Ext 5437

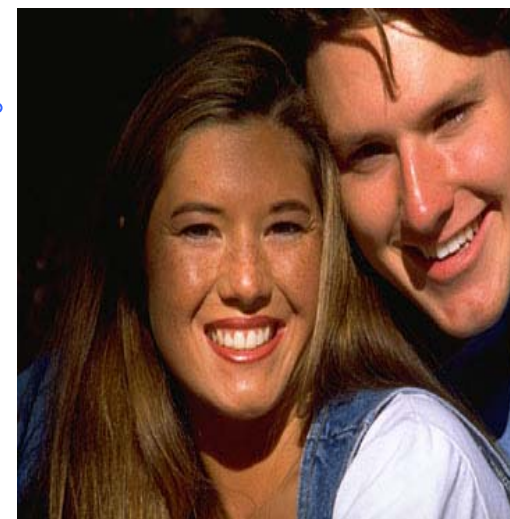
**Pediatric Oncology Group of Ontario**  
480 University Avenue, Suite 1014, Toronto,  
Ontario, Canada M5G 1V2  
(416) 592-1232 [www.pogo.ca](http://www.pogo.ca)



## Are you a Childhood Cancer Survivor?

Ontario's AfterCare Program helps protect the health of survivors.

Adult AfterCare Program



Attending just one AfterCare Clinic per year could reduce the side effects of treatment and help you stay healthy

## What is the Childhood Cancer AfterCare Program?

The AfterCare Program is a project of POGO, the Pediatric Oncology Group of Ontario. Through POGO, all of Ontario's childhood cancer programs and their partners work together to protect the health of survivors of childhood cancer into adult life.

It's a long term follow-up program designed to provide survivors of childhood cancer with opportunities for:

- Regular contact with caregivers who understand childhood cancer and its treatment
- Early detection of any late effects
- Access to information related to cancer survival

Ontario's Childhood Cancer AfterCare program helps survivors to learn how to protect their health. The AfterCare health care team is trained to:

- Protect health
- Promote quality of life
- Detect problems early, including social or psychological problems
- Provide referrals so survivors and their families can find the help they need
- Prevent disease

## What are the advantages of attending AfterCare?

When survivors participate in an AfterCare program, they help themselves and others because:

- The program keeps them up to date on new information about cancer and those who survive it.
- By participating, they contribute to the growing knowledge base about the long term health of childhood cancer survivors

## What happens when you participate in AfterCare?

The AfterCare clinic staff specializes in the care of childhood cancer survivors.

You will receive information about how AfterCare clinics work and who will be on your AfterCare team.

You will be assessed and information about their health and treatment collected, in order to help plan your AfterCare needs.

Your AfterCare health care team then meets to develop a visit plan and arrange any required tests.

You will be given the opportunity to discuss any concerns you may have with the AfterCare experts

## How often should you attend an AfterCare Clinic?

You should expect to come to clinic every 12 months initially. Once you have been off treatment for more than ten years you may be able to attend AfterCare clinic once every two years

## Who should attend AfterCare Clinics?

All survivors of childhood cancer who have been off treatment for two or more years may be eligible to attend an AfterCare Clinic.

AfterCare clinic visits may take 1-4 hours

If you have questions about the Provincial AfterCare Program, please contact the Pediatric Oncology Group Of Ontario (POGO)

at (416) 592-1232

Or

You may also visit the POGO website at [www.pogo.ca/care](http://www.pogo.ca/care)